

# Parish of St. Margaret Mary

*Established 1922*

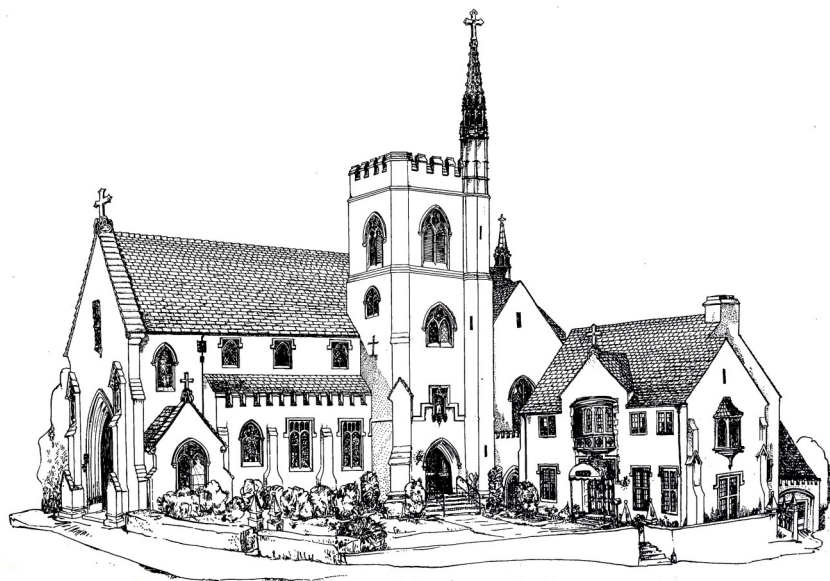
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Webpage: [stmargaretmaryoak.org](http://stmargaretmaryoak.org)



**Rev. Father Glenn Naguit**

*Pastor*

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(510) 482-0596 (ext. 202)

**Rev. Canon Benjamin Norman**

*Representative from the Institute of Christ the King*

[canon.norman@institute-christ-king.org](mailto:canon.norman@institute-christ-king.org)

(510) 482-0596 (ext. 203) or

(408) 600-4218

**Anne Richnavsky**

*Administrative Assistant*

[parishoffice@stmargaretm.org](mailto:parishoffice@stmargaretm.org)

(510) 482-0596 (extension 201)

## **Masses in the Ordinary Form**

Monday – Saturday: 8am

Saturday Vigil: 5pm

Sunday: 8:30am & 10:30am

## **Masses in the Extraordinary Form**

Monday -Wednesday & Friday: 6pm

Thursday: Noon

Saturday: 10am

Sunday: 7am & 12:30pm

## **Sacrament of Reconciliation**

One half hour before all Masses except  
Wednesday mornings; Confessions heard also  
on Saturdays from 4pm to 4:45pm

## **Liturgy of the Hours – Lauds**

Weekdays: 7:40am

## **Adoration of the Blessed Sacrament**

Every First Friday of the Month, after the  
8am and 6pm Masses

## **Mother of Perpetual Help Devotions**

Every Tuesday after the 8am Mass

## **Fatima Devotions**

13th of the month from May – October:  
On weekdays the devotions follow the  
6pm Mass; on Saturdays the devotion  
follows the 8:30am Mass; on Sundays, the  
devotion follows the 10:30am Mass

For **Anointing of the Sick** call  
(510) 482- 0596 (Extension 250).

**Carlos Gutierrez**, Chair, Parish Council

**Bill Sawyer**, Chair, Finance Council

**Bill Duffy**, St. Vincent de Paul Society  
(call Parish Office, ext. 201)

**Lynn Suer**, Coordinator for Readers

**Anne Richnavsky**, Cantor

**Chris Kula**, **Richard Mayer**, **Luke Shalz**,  
**Marketa Umova**, Organists

**Alex Torres-Esquivel**, Grand Knight;  
Knights of Columbus  
([alex.torres.esquivel@gmail.com](mailto:alex.torres.esquivel@gmail.com))

Please contact the Parish Office with questions on:  
Weddings, Funerals, and Baptism and sacramental  
certificates

## **WELCOME TO NEW MEMBERS OF THE PARISH**

*If you would like to register, please complete the form, send it back to us, or drop it in the collection basket.*

Name: \_\_\_\_\_ Address: \_\_\_\_\_

City, State, ZIP: \_\_\_\_\_ Phone: \_\_\_\_\_ Email: \_\_\_\_\_

☐ New Parishioner ☐ New Address/Phone ☐ Moving (remove from list) ☐ Send offering envelopes ☐ Interested in volunteering

# THIRD SUNDAY OF LENT

## Saturday/Sunday, March 2-3, 2024

### MASS INTENTIONS

#### Saturday, March 2

5pm: *Pro populo*

#### Sunday, March 3

7am: †Christopher Seal  
 8:30am: Lauren Hill  
 10:30am: †Katherine Hall  
 12:30pm: Canon Benjamin Norman

#### Monday, March 4

8am: Lyra Rufino-Maceda  
 6pm: Souls in Purgatory

#### Tuesday, March 5

8am: †Tom Lauderback  
 6pm: Canon Michael Wiener

#### Wednesday, March 6

8am: †Efren Causapin  
 6pm: Alyssa Phan

#### Thursday, March 7

8am: Fernando Martinez  
 Noon: Souls in Purgatory

#### Friday, March 8

8am: †Bob DeCotis  
 6pm: Fr. David Link

#### Saturday, March 9

8am: †Alex Porcuna  
 10am: Benedicta & Santiago Dakudao  
 5pm: Lily Lum

#### Sunday, March 10

7am: Rita Malloy  
 8:30am: *Pro populo*  
 10:30am: Robert O'Neil  
 12:30pm: Marquez Family

*To offer a Mass Intention please complete the Mass Intention envelope found in the vestibule, enclose your offering (\$10) payable to "St. Margaret Mary Church," and drop it in the mailbox in front of the Parish Office or mail it to the Office.*



### Antem To Our Lady

**Ave Regina caelorum,  
 Ave Domina Angelorum,  
 Salve radix, salve porta,  
 Ex qua mundo lux est orta.  
 Gaude, Virgo gloriosa,  
 Super omnes speciosa,  
 Vale, O valde decora!  
 Et pro nobis Christum exora.**

Hail, Queen of Heaven. Hail, Lady of Angels. Hail, thou root, hail, thou gate. From whom into the world, a light has arisen: Rejoice, glorious Virgin, Lovely above all others, Farewell, most beautiful maiden, And pray for us to Christ.

**Please keep in your prayers...** Fr. Paul Schmidt, Catherine Willis, Dove Pierce, Joshua Nascimento, Mildred Correia, Allen Kuhl, The McBride Family, Xavier Figueroa, Daniel Guerrero, Miguel Guerrero, Bonita Evart, Perpetuo Tito Tayco, Nate Larrabee, Sergio Bianchi, Gloria Torres, Takisha Upshaw, Nick Glumac, Lois Belmessieri, Lillian Jimenez.

**In memoriam:** ..... †Alex Porcuna, †Fr. Stan Zak, †Fr. Alexander Snyder, †Canon Henrique Fragelli, †Rose Stone, †Mary Murphy, †Julian Martinez, †Holly Raineri, †Diane Kasdan, †Louise Grayson, †Benjamin Ocampo, †Scholastica Keimon, †Gabriel Angel Barrera Yoc, †Betty & Harry Garland, †Ramon Lanzar, †Andree Crawford, †Jesus & Rita Cristobal, †Jeffrey Glass, †Theresa Hamilton, †Barbara Powell, †Mike Martinez, †Maya Martinez, †Ba Van Dinh, †Walter Wagoner, †Rod Phillips, †Al Raineri, **May they rest in the peace of Christ.**

**Text "stmm" to (510) 573-STMM**  
 STMM is 100-years strong. Thank you for your support.



## **ANNOUNCEMENTS:**

**Lenten Regulations:** Ash Wednesday and Good Friday are obligatory days of universal fast and abstinence. Fasting is obligatory for all who have completed their 18th year until the beginning of their 60th year. Fasting allows a person to eat one full meal. Two smaller meals may be taken, not to equal one full meal. Abstinence (from meat) is obligatory for all who have completed their 14th year of age. If possible, the fast on Good Friday is continued until the Easter Vigil (on Holy Saturday night) as the “paschal fast” to honor the suffering and death of the Lord Jesus and to prepare to share more fully and celebrate more readily his Resurrection.

Fridays in Lent are obligatory days of abstinence (from meat) for all who have completed their 14th year. As always, anyone for whom fasting or abstinence would pose a health risk is excused.

**Prayer, Formation, and Fraternity for Men:** The men of Knights of Columbus Council No. 04840 are excited to share the implementation of **Cor**, a new formation and fraternal opportunity for the men of St. Margaret Mary’s parish. **Cor** exists to form and strengthen Catholic men in faith and virtue as missionary disciples by drawing them into a deeper relationship with Jesus Christ through prayer, formation, and fraternity.

The next **Cor** will be held on Thursday, March 7th, beginning at 6pm in the Hall. Come join your brother parishioners in prayer, formation and fraternity. If you have additional questions, please reach out to Carlos Gutierrez at Carlos.Gutierrez@kofc.org .

Many thanks to those who have so kindly lent their time and talent to providing lunch for our priests so far this year: I-Wen Connick, Taledach Walde, Lily Mullen and Eddie Martinez.

We have all our chefs lined up; however, we could still use volunteers to assist the chefs to serve the food and clean up. The luncheons are held on the third Friday of each month from December through May. Please prayerfully consider helping out. Contact Alma Hill at stmm Priest-lunch@gmail.com. Or leave her a message at the Parish Office.

**Parish Library** is open on the 2nd Sunday of each month after all Masses. We have an incredible collection of Catholic books, DVDs, and CDs

available for lending. If you have items checked out, please return them so they are available to other parishioners. Thank you.

Have books to donate OR want to volunteer in the library once a month on the 2nd Sunday after 1 Mass? Contact stmmmaryhands@gmail.com or call the Parish Office, ext. 201 and leave a message for Lily. More info can also be found at <http://stmargaretmaryoak.org/parish-library/>

Would you like to serve our parish by helping to clean our beautiful church? The schedule is flexible. More hands make less work for everyone. Please consider joining our **SMM cleaning team** by emailing or calling the Parish Office with your name and telephone number and Diane Steinhilber will contact you with details. Your assistance will be much appreciated by our Parish community.

Sign up for **Flocknotes** to receive information on what’s happening at church. Log on to: [Stmargaretmary13.flocknote.com](http://Stmargaretmary13.flocknote.com)

If you would like to have an announcement printed in the Parish Bulletin, please contact the Parish Office, specifically Anne Richnavsky, at extension 202. You may also contact her at [parishoffice@stmargaret.org](mailto:parishoffice@stmargaret.org).

Reminder: As you park your car, leave no valuables inside. We have been receiving reports of car break-ins in the neighborhood. Please exercise caution.

Join other Catholic Men from around North California on Saturday, March 9, for the annual **Bay Area Catholic Men’s Conference** at **St Mark’s Parish** (325 Marine View Ave) in Belmont. Keynote speaker is Jesse Romero, retired Los Angeles sheriff, 3-time World Police Olympics boxing champion, and former U.S. Middleweight Kickboxing champion. Other speakers are Melkite priest, Fr Sebastian Carnazzo, and Scott Fisher, MD.

Archbishop Cordileone will celebrate Mass, confessions available, lunch is included. Registration is \$50 (fathers are encouraged to bring their teenage sons for \$25/each).

Go to [www.sfbaymen.info](http://www.sfbaymen.info) for more information and to register or contact Ed Hopfner, [HopfnerE@SFArch.org](mailto:HopfnerE@SFArch.org)

*(continued on page 4)*

## **ANNOUNCEMENTS:**

(continued from page 3)

Join us for the **2nd Annual St. Joseph Conference** on March 16, Saturday, beginning with Mass with the Bishop at 8am at **St. Joseph's Parish/Old Mission San Jose**, 43148 Mission Blvd., Fremont.

The event includes a luncheon, conferences in English, Vietnamese, Spanish, and Mandarin; Adoration, Confessions, a conversation with Mrs. Antonia S. Acutis, mother of Blessed Carlo Acutis. Please check flier in the Church's bulletin boards.

Have you offered a Mass Intention lately? The Mass is offered not only for the general intention for the Church, for the ministers and assembly present, but also for a specific intention. Historically, Mass Intentions have been offered for the response of the soul of our beloved dead. If you would like to offer a Mass Intention, drop the Mass Intention envelope in the Parish mailbox; or send us an email; or leave a message in the Parish voicemail.

Intentions are assigned to Masses on a "first come, first served" basis. If the date you requested is already taken, we will assign your Intention to the closest Mass that is still open for Intentions. If you have no particular date in mind, that's also acceptable. The Office will assign your Intention to an available Mass. We can only assign Masses to dates four months ahead and not beyond.

Weekly update	February 11	Year-to-Date
Donations	\$3,278	\$23,838
WeShare -Regular	\$1,200	\$10,861
Total 1st Collection	\$4,478	\$34,699
Goal	\$6,000	\$36,000
Variance	(-\$1,522)	<b>(-\$1,301)</b>



Support St. Margaret Mary. Donate online through **WeShare**. It's safe, it's convenient. Scan the QR Code.  
Or, text "**stmm**" to **(510) 573-STMM**

### **Schedule of Second Collections**

February 24-25: Bishop's Appeal

March 9-10: Catholic Relief Services

March 16-17: Diocesan Insurance & Assessment

March 23-24: Bishop's Appeal

## **From a sermon by Saint Peter Chrysologus**

There are three things, my brethren, by which faith stands firm, devotion remains constant, and virtue endures. They are prayer, fasting and mercy. Prayer knocks at the door, fasting obtains, mercy receives. Prayer, mercy and fasting: these three are one, and they give life to each other.

Fasting is the soul of prayer, mercy is the lifeblood of fasting. Let no one try to separate them; they cannot be separated. If you have only one of them or not all together, you have nothing. So if you pray, fast; if you fast, show mercy; if you want your petition to be heard, hear the petition of others. If you do not close your ear to others you open God's ear to yourself.

When you fast, see the fasting of others. If you want God to know that you are hungry, know that another is hungry. If you hope for mercy, show mercy. If you look for kindness, show kindness. If you want to receive, give. If you ask for yourself what you deny to others, your asking is a mockery. Let this be the pattern for all when they practice mercy: show mercy to others in the same way, with the same generosity, with the same promptness, as you want others to show mercy to you.

Therefore, let prayer, mercy and fasting be one single plea to God on our behalf, one speech in our defence, a threefold united prayer in our favor. Let us use fasting to make up for what we have lost by despising others. Let us offer our souls in sacrifice by means of fasting. There is nothing more pleasing that we can offer to God, as the psalmist said in prophecy: *A sacrifice to God is a broken spirit; God does not despise a bruised and humbled heart.*

Offer your soul to God, make him an oblation of your fasting, so that your soul may be a pure offering, a holy sacrifice, a living victim, remaining your own and at the same time made over to God. Whoever fails to give this to God will not be excused, for if you are to give him yourself you are never without the means of giving.

To make these acceptable, mercy must be added. Fasting bears no fruit unless it is watered by mercy. Fasting dries up when mercy dries up. Mercy is to fasting as rain is to earth. However much you may cultivate your heart, clear the soil of your nature, root out vices, sow virtues, if you do not release the springs of mercy, your fasting will bear no fruit. When you fast, if your mercy is thin your harvest will be thin; when you fast, what you pour out in mercy overflows into your barn. Therefore, do not lose by saving, but gather in by scattering. Give to the poor, and you give to yourself.



# INSTITUTE OF CHRIST THE KING SOVEREIGN PRIEST

DIOCESAN APPROVED TRADITIONAL LATIN MASS APOSTOLATE

FOR THE IMPLEMENTATION OF THE MOTU PROPRIO, *SUMMORUM PONTIFICUM*

IN THE DIOCESE OF OAKLAND, CALIFORNIA

## THIRD SUNDAY OF LENT SUNDAY, MARCH 3, 2024

INTROIT Psalm 24. 15-16

OCULI mei semper ad Dóminum, quia ipse evéllit de láqueo pedes meos: respice in me, et miserere mei, quóniam únicus et pauper sum ego. Ps. 24. 1-2. Ad te, Dómine, levávi ánimam meam: Deus meus, in te confido, non erubescam. V. Glória Patri.

My eyes are ever towards the Lord: for He shall pluck my feet out of the snare: look Thou upon me, and have mercy on me; for I am alone and poor. Ps. To Thee, O Lord, have I lifted up my soul: in Thee, O my God, I put my trust, let me not be ashamed. Glory be to the Father.

COLLECT

QUÆSUMUS, omnipotens Deus, vota humílium respice: atque ad defénsionem nostram, dexteram tuæ majestátis extende. Per Dóminum.

We beseech Thee, almighty God, regard the desires of Thy humble servants, and stretch forth the right hand of Thy majesty to be our defense. Through our Lord.

EPISTLE Ephesians 5. 1-9

FRATRES: Estóte imitatóres Dei, sicut filii caríssimi: et ambuláte in dilectióne, sicut et Christus diléxit nos, et tradidit semetípsum pro nobis oblatiónem et hóstiam Deo in odórem suavitátis. Fornicatio autem et omnis immundítia aut avarítia nec nominétur in vobis, sicut decet sanctos: aut turpitúdo aut stultilóquium aut scurrílitás quæ ad rem non pértinet: sed magis gratiárum áctio. Hoc enim scitóte intelligétes, quod omnis fornicátor aut immúndus aut avárus, quod est idolórum sérvitus, non habet hereditátem in regno Christi et Dei. Nemo vos sedúcat inánibus verbis: propter hæc enim venit ira Dei in filios diffidéntiæ. Nolite ergo éffici partícipes eórum. Erátis enim aliquándó ténebræ: nunc autem lux in Dómino. Ut filii lucis ambuláte: fructus enim lucis est in omni bonitáte et iustítia et veritáte.

Brethren: Be ye followers of God, as most dear children: and walk in love, as Christ also hath loved us and hath delivered Himself for us, an oblation and a sacrifice to God for an odor of sweetness. But fornication, and all uncleanness or covetousness, let it not so much as be named among you, as becometh saints: or obscenity, or foolish talking, or scurrility, which is to no purpose: but rather giving of thanks. For know you this, and understand, that no fornicator, or unclean or covetous person, which is a serving of idols, hath inheritance in the kingdom of Christ and of God. Let no man deceive you with vain words: for because of these things cometh the anger of God upon the children of unbelief. Be ye not therefore partakers with them. For you were heretofore darkness: but now light in the Lord. Walk then as children of the light: for the fruit of the light is in all goodness, and justice, and truth.

GRADUAL Psalm 9. 20, 4

EXSÚRGE, Dómine, non præváleat homo: judicéntur gentes in conspéctu tuo. V. In converténdo inimícum meum retrórsum, infirmabúntur, et peribúnt a fácie tuæ.

Arise, O Lord, let no man be strengthened; let the nations be judged in Thy sight. V. When my enemy shall be turned back, they shall be weakened and perish before Thy face.

TRACT Psalm 122. 1-3

AD te levávi óculos meos, qui hábitas in cælis. V. Ecce sicut óculi servórum in mánibus dominórum suórum. V. Et sicut óculi ancillæ in mánibus dómínæ suæ: ita óculi nostri ad Dóminum Deum nostrum, donec misereátur nostri. V. Miserere nobis, Dómine, miserere nobis.

To Thee have I lifted up my eyes, who dwellest in heaven. V. Behold as the eyes of servants are on the hands of their masters. V. And as the eyes of the handmaid are on the hands of her mistress: so are our eyes unto the Lord our God, until He have mercy on us. V. Have mercy on us, O Lord, have mercy on us.

GOSPEL Luke 11. 14-28

IN illo témpore: Erat Jesus ejiciens dæmónium, et illud erat mutum. Et cum eiecisset dæmónium, locútus est mutus, et admirátæ sunt turbæ. Quidam autem ex eis dixerunt: In Beélzebub príncipe dæmoniórum éjicit dæmónia. Et álíi tentátes, signum de cælo quærébant ab eo. Ipse autem utvidit cogitatiónes eórum, dixit eis: Omne regnum in seípsum divisum desolábitur, et domus supra domum cadet. Si autem et sátanas in seípsum divisus est, quómodo stabit regnum ejus? quia dicitis in Beélzebub me éjicere dæmónia. Si autem ego in Beélzebub éjicio dæmónia, filii vestri in quo éjiciunt? Ideo ipsi júdices vestri erunt. Porro si in dígitó Dei éjicio dæmónia: profecto pervénit in vos regnum Dei. Cum fortis armátus custódit átrium suum, in pace sunt ea quæ póssidet. Si autem fórtior eo supervéniens vicerit eum, univérsa arma ejus áuferet, in quibus confidebat, et spólia ejus distribuet. Qui non est mecum, contra me est: et qui non cólligit mecum, dispérgit. Cum immúndus spíritus exierit de hómine, ámbulat per loca inaquósa, quærens réquiem: et non invéniens, dicit: Revértar in domum meam unde exívi. Et cum vénerit, invenit eam scopis mundátam, et ornátam. Tunc vadit, et assúmit

At that time Jesus was casting out a devil, and the same was dumb. And when He had cast out the devil, the dumb spoke, and the multitudes were in admiration at it. But some of them said: He casteth out devils by Beelzebub, the prince of devils. And others, tempting, asked of Him a sign from heaven. But He, seeing their thoughts, said to them: Every kingdom divided against itself shall be brought to desolation, and house upon house shall fall. And if Satan also be divided against himself, how shall his kingdom stand? because you say that through Beelzebub I cast out devils. Now if I cast out devils by Beelzebub, by whom do your children cast them out? Therefore, they shall be your judges. But if I by the finger of God cast out devils: doubtless the kingdom of God is come upon you. When a strong man armed keepeth his court, those things are in peace which he possesseth. But if a stronger than he come upon him and overcome him, he will take away all his armor wherein he trusted, and will distribute his spoils. He that is not with Me is against Me: and he that gathereth not with Me scattereth. When the unclean spirit is gone out of a man, he walketh through places without water, seeking rest: and not finding, he saith: I will return into my house whence I came out. And when he is come, he findeth it swept and garnished. Then he goeth and taketh with

# INSTITUTE OF CHRIST THE KING SOVEREIGN PRIEST

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## GOSPEL (CONTINUED)

septem álios spíritus secum nequióres se, et ingressi hábitant ibi. Et fiunt novíssima hóminis illius pejóra prióribus. Factum est autem, cum hæc diceret: extóllens vocem quædam mûlier de turba, dixit illi: Beátus venter qui te portávit, et úbera quæ suxisti. At ille dixit: Quinímmo beáti qui áudiunt verbum Dei, et custódiunt illud.

him seven other spirits more wicked than himself, and entering in they dwell there. And the last state of that man becomes worse than the first. And it came to pass, as He spoke these things, a certain woman from the crowd, lifting up her voice, said to Him: Blessed is the womb that bore Thee, and the paps that gave Thee suck. But He said: Yea, rather, blessed are they who hear the word of God, and keep it.

## OFFERTORY Psalm 18. 9, 10, 11, 12

JUSTITIAE Dómini rectæ, lætificántes corda, et iudicia ejus dulcióra super mel et favum: nam et servus tuus custódit ea.

The justices of the Lord are right, rejoicing hearts, and His judgments are sweeter than honey and the honeycomb: for Thy servant keepeth them.

## SECRET

HÆC hóstia, Dómine, quæsumus, emúndet nostra delicta: et ad sacrificium celebrándum, subditórum tibi cõpora mentésque sanctíficet. Per Dóminum.

May this offering, we beseech Thee, O Lord, cleanse away our sins, sanctifying Thy servants in both soul and body for the celebration of this sacrifice. Through our Lord.

## PREFACE FOR LENT

VERE dignum et justum est, æquum et salutáre, nos tibi semper, et ubique grátias ágere: Dómine sancte, Pater omnipotens, ætérne Deus: Qui corporáli jejúnio vítia cõprimis, mentem élevas, virtútem largírís, et præmia: per Christum Dóminum nostrum. Per quem majestátem tuam laudant Angeli, adórant Dominatiónes, tremunt Potestátes. Cæli, cælórúmque Virtútes, ac beáta Séraphim, sócia exsultatióne concélebrant. Cum quibus et nostras voces, ut admítti júbeas, deprecámur, súpplíci confessióne dicéntes:

It is truly meet and just, right and availing unto salvation, that we should at all times and in all places give thanks unto Thee, O holy Lord, Father almighty and everlasting God. Who by the fasting of the body dost curb our vices, elevate our minds and bestow virtue and reward; through Christ our Lord. Through whom the angels praise Thy majesty, the dominions worship it, and the powers stand in awe. The heavens and the heavenly hosts, with the blessed seraphim join together in celebrating their joy. With these we pray Thee join our voices also, while we say with lowly praise:

## COMMUNION Psalm 83. 4-5

PASSER invénit sibi domum, etturtur nidum, ubi repónat pullos suos: altária tua, Dómine virtútum, Rex meus, et Deus meus: beáti qui hábitant in domo tua, in sæculum sæculi laudábunt te.

The sparrow hath found herself a house, and the turtle a nest, where she may lay her young ones: Thy altars, O Lord of Hosts, my King, and my God: blessed are they that dwell in Thy house, they shall praise Thee for ever and ever.

## POSTCOMMUNION

A cunctis nos, quæsumus, Dómine, reátibus et periculis propitiátus absolve: quos tanti mystérii tribuis esse partícipes. Per Dóminum.

Mercifully absolve us, we beseech Thee, O Lord, from all guilt and deliver us from all danger, whom Thou dost grant to partake of so great a mystery. Through our Lord.

## EXTRAORDINARY FORM MASSES AND DEVOTIONS:

### MASSSES:

Sunday, at 7:00 AM and 12:30 PM

Monday - Wednesday and Friday,  
at 6:00 PM

Thursday, at 12:00 Noon

Saturday, at 10:00 AM

**CONFESSIONS:** 30 minutes before each Mass,  
and during Adoration on Fridays

### SACRAMENTAL PREPARATION:

Contact Canon Norman at (408) 600-4218 or  
[canon.norman@institute-christ-king.org](mailto:canon.norman@institute-christ-king.org)

**ADORATION:** Every Friday, after the 6 pm Mass

### 1ST FRIDAY AND 1ST SATURDAY:

Exposition and Benediction of the Blessed  
Sacrament following Mass

### MOTHER OF PERPETUAL HELP DEVOTIONS

3rd Saturday of each month, after the 10am Mass  
(Next: March 16)

### CATECHISM CLASSES (ZOOM)

**Youth classes:** Tuesdays 4:00 PM

**Adult classes:** Saturdays 2:30 PM

**Prospective Catholics:** please contact  
Canon Norman for the twice-monthly classes